BREAKING FORTH FROM THE OLD SYSTEM

ANTHONY ABBIN

BOOK TITLE:

Altars Must Fall: Breaking Forth from the Old System

SERIES:

Breaking Forth - Volume 2

THEME:

Spiritual warfare, deliverance, and destroying demonic systems, bloodline altars, and ungodly foundations.

Cover Page

Altars Must Fall: Breaking Forth from the Old System

Anthony Abbin

Breaking Forth Series - Volume 2

Title Page

Altars Must Fall: Breaking Forth from the Old System

by Anthony Abbin

Breaking Forth Series - Volume 2

Copyright Page

© 2025 Anthony Abbin

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopy, recording, or otherwise, without the prior written permission of the publisher.

Scripture quotations are taken from the Holy Bible, unless otherwise stated.

For permissions, collaborations, or speaking engagements, contact: www.anthonyabbin.com

Dedication

To every warrior born in captivity, raised in confusion, but called to reform.

This is for the ones who have felt the fire but never had language for the warfare.

May every altar that stood against you fall. May you rise.

Author's Note

Some battles don't budge until you confront the altar behind them.

You can fast, pray, and still feel resistance. You can serve, give, worship, and still find yourself repeating the same cycles. Why? Because the issue is not always in the behavior. Sometimes it's in the system. And every system has an altar.

This book was not written from theory. It was written from war. I've seen what happens when people love God but remain bound. I've walked through seasons where nothing made sense on the surface, until the Spirit opened my eyes to the spiritual altars at work underneath.

Altars are spiritual platforms. Legal access points. They are invisible gates where transactions are made, covenants are enforced, and destinies are either released or restricted. Whether built by God or corrupted by darkness, altars speak. And many are stuck today not because of weakness, but because an old altar is still speaking against their rising.

Some of these altars are generational. Some are self-built through sin, fear, or ignorance. Some are cultural systems passed off as tradition. And some, tragically, are religious, erected by man but void of Spirit.

This volume is a confrontation. A sword. A hammer. It will not coddle the old system, it will crush it. You were not called to blend in with what God is trying to tear down. You were called to build what He's establishing next.

We will uncover the schemes. We will break the altars. And we will raise up new ones, holy, consecrated, unshakable. Because the altar you bow to determines the future you walk into.

You can't walk in freedom while still dining at the table of bondage.

This is your line in the sand.

This is your fire on the altar.

Let the old system break.

Let the altars fall.

Table of Contents

Introduction

The System Behind the Struggle

Chapter One

What Is an Altar?

Chapter Two

The Altars in Your Bloodline

Chapter Three

The System of the World

Chapter Four

Religious Altars and Church Wounds

Chapter Five

How to Tear Down Altars

Chapter Six

Build the Right Altar

Bonus Section

7-Day Prophetic Prayer Strategy to Break Old Altars

About the Author

Call to Action

Introduction: The System Behind the Struggle

There is always a structure behind stagnation. Patterns don't just appear, they are powered. What you see on the surface is rarely the root. And what feels like a personal weakness is often the fruit of a deeper spiritual system.

This is where many believers get tired. You fast. You pray. You press. But the cycles don't break. You repent, and yet the patterns continue. Not because your repentance wasn't sincere, but because something older, stronger, and hidden is still speaking.

That voice is the voice of an altar.

Altars are not superstition. They are spiritual legal grounds. They authorize patterns and preserve systems. They are the invisible gates between realms, where covenants are activated, blood speaks, and destinies are either bound or released. Whether godly or demonic, altars never stop speaking.

And that's the root of the struggle.

You are not just trying to break bad habits. You are confronting ancient contracts. You are rising against belief systems built before your birth. You are standing in front of gates that were erected generations ago, and the spirits that guard them do not move for convenience. They move for covenant.

That's why this book exists.

To expose the invisible infrastructure behind cycles.

To awaken you to the war you were born into.

To empower you to tear down what's been authorized against your rising.

You were never meant to fight blind.

You were never called to normalize delay, fear, or smallness.

You are not just a believer, you are a breaker.

This book will take you into the belly of spiritual systems. You will understand what altars are, how they form, how they speak, and how to silence them with spiritual intelligence. We will talk about bloodlines, culture, religion, soul ties, family covenants, and the subtle agreements we make that give old systems legal power over our new lives in Christ.

Because being born again is not just a new beginning, it's a new jurisdiction.

And until you break ties with the old system, the new one cannot flourish.

The goal is not just to be free. It's to become a reformer. A builder of godly altars. A carrier of generational fire. You are not reading this by accident.

Something in you was stirred. Something in you said, "This stops with me."

And you are right.

The curses stop here.

The silence ends here.

The bloodline limitations break here.

This is your Exodus.

This is your fire.

This is your time to break forth.

Let the altars fall.

Let the real you rise.

Chapter One: What Is an Altar?

Before you can tear down an altar, you must understand what it is. Not just in theory, but in spiritual reality.

An altar is a gate. A voice. A throne. It is not just a pile of stones or a ceremonial place. In the spirit, an altar is a system of legal transaction between the natural and supernatural realms. It is where realms meet, spirits convene, and covenants speak. It is a spiritual interface where blood is offered, words are sealed, sacrifices are received, and destinies are determined.

In Genesis, the first mention of altars begins with Noah. After the flood, Noah builds an altar and offers a sacrifice, and God responds with a covenant. That's not just ritual. That's spiritual legislation. An altar opened a gate between heaven and earth, and a new order was established.

Altars are not religious decorations. They are control centers.

In biblical times, no priest functioned without an altar. No covenant was enacted without it. Whether in pagan systems or in God's order, altars were always the meeting point of spirits and men. Abraham built altars. Isaac did too. Jacob, after his encounter with the ladder between heaven and earth, said, "This is none other than the house of God, and this is the gate of heaven." That was altar language.

You don't need to see an altar physically for it to exist spiritually.

Altars can be inherited. They can be territorial. They can be built through behavior. They can be activated through words. Wherever there is consistency of sacrifice, either to God or to darkness, an altar is present.

And altars speak.

In 1 Kings 13, a prophet cries out against the false altar erected by Jeroboam, saying, "O altar, altar! Thus says the Lord..." Why speak to an object? Because in the spirit, altars are not mute. They listen. They speak. They respond. They are spiritual platforms with memory, voice, and influence.

Some of the battles you are fighting are not random. They are not just attacks. They are responses, responses to an altar that was raised, fed, and empowered by your bloodline or your personal agreement. Until you trace the altar, you will keep misreading the battle.

Altars carry the following functions:

- 1. **They authorize spiritual presence.** Whether demonic or divine, altars create spiritual access points for beings to influence a territory or person.
- 2. **They enforce covenants.** Once a sacrifice seals a word, the altar becomes the place of remembrance and reinforcement.
- 3. **They transfer inheritance.** Many inherit altars without knowing. You think it's just your personality or struggle, but it's a system passed down.
- 4. **They fight reformers.** Every time someone tries to rise beyond the limitations of their lineage, altars rise to resist.

This is why Elijah's showdown on Mount Carmel wasn't just about fire. It was about altars. The prophets of Baal had theirs. Elijah rebuilt the broken altar of the Lord. And when the fire fell, it didn't fall on emotion, it fell on a legal, covenant-based altar backed by the true God.

Altars determine outcomes.

If your life is stuck, check the altar.

If your home is chaotic, check the altar.

If your prayers seem blocked, check the altar.

Some altars were built with pain. Others with fear. Some with blood. Others with pride. But all of them speak. And silence only comes when a higher altar is erected, a holy one, sealed by the blood of Jesus, built with revelation and sacrifice.

You can't change what you won't confront.

And you can't confront what you won't understand.

This is where the war begins.

Not with emotion, but with revelation.

Not with random declarations, but with strategic dismantling.

Because when the altar falls, the gate closes.

And when the gate closes, the system collapses.

This is how you break forth.

This is how you win the invisible war.

This is how altars must fall.

Chapter Two: The Altars in Your Bloodline

Every family has a story. But some of those stories are not just emotional, they are spiritual. They are rooted in altars.

You were born into a flow. Into a pattern. Into a history you didn't choose. And while salvation gives you a new identity, spiritual ignorance can keep you tethered to old bloodline systems. You're saved, yes. But you're still being resisted, not because God didn't deliver you, but because you haven't yet dismantled what your lineage erected.

Bloodline altars are spiritual systems built by your ancestors, knowingly or unknowingly, that still have influence through inheritance, covenant, or silence. They can take many forms: idol worship, witchcraft, occult involvement, polygamy, abuse, manipulation, fear-based religion, ancestral rituals, bloodshed, or even ungodly family traditions disguised as culture. These altars were erected with sacrifice. And what was built with sacrifice doesn't just fall with emotion, it must be broken with revelation and spiritual legality.

Exodus 34:7 (NLT) says:

"I lay the sins of the parents upon their children and grandchildren; the entire family is affected, even children in the third and fourth generations."

This is not about inherited guilt. It's about inherited consequence.

Spirits don't honor your emotions, they honor covenants. And if someone in your bloodline made one, it still speaks until it's legally broken. Many believers fast and cry without understanding why the warfare is so relentless. It's because they are the first to rise. The first to break cycles. The first to challenge systems. And hell always fights reformers harder.

Look closely at your family:

- What patterns keep repeating?
- What struggles run from one generation to another?
- What tragedies feel timed?
- What blessings seem blocked at the edge of breakthrough?

These are not random. They are often evidence of a speaking altar.

Biblical Example: Gideon

In Judges 6, Gideon is called by God to deliver Israel. But before he could fight the Midianites, God tells him to first tear down his father's altar to Baal. Why? Because the presence of a demonic altar in his lineage gave the enemy legal ground to resist victory.

Before you fight outward battles, you must first address the altar in your bloodline.

Bloodline altars often manifest as:

- Chronic delay
- Cycles of near-success and sudden failure
- Addictions that "run in the family"
- Sudden deaths or illnesses
- Marital failure or infertility across generations
- Emotional patterns (rage, fear, depression, passivity)
- Religious bondage or counterfeit spirituality

The presence of Jesus in your life doesn't automatically erase the systems in your lineage. It gives you authority to confront them. But authority must be used.

There are two kinds of inheritance:

- 1. Biological inheritance, your physical DNA.
- 2. **Spiritual inheritance**, the altars, agreements, and covenants made by your bloodline.

You did not choose your bloodline, but you are responsible for what you do with it. You can either continue the flow, or become the interruption.

This chapter is your call to stand in the gap. To renounce every ungodly altar in your bloodline. To declare that what limited your parents will not limit you. To cancel every ancestral covenant with the blood of Jesus. To say:

"As for me and my house, we will serve the Lord."

You are the gatekeeper now.

You are the breaker now.

You are the altar-builder now.

Don't just pray against demons. Dismantle their legal ground.

Don't just fight cycles. Confront their origin.

Don't just survive. Rewrite the legacy.

You were born to break forth.

You were born to make the altars fall.

Chapter Three: The System of the World

There is a system designed to keep men distracted, disobedient, and domesticated. It doesn't wear horns. It doesn't always look evil. In fact, it often looks successful, intellectual, and even admirable. But behind its appearance is an altar. And its purpose is simple: to pull you away from the voice of God and into the rhythm of compromise.

The Bible doesn't just speak of the world as geography, it speaks of it as a spirit. A system. An order of operation that is contrary to the Kingdom of God.

1 John 2:15–16 (NKJV) says:

"Do not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world, the lust of the flesh, the lust of the eyes, and the pride of life—is not of the Father but is of the world."

This system has three pillars:

- 1. Lust of the flesh pleasure without boundaries
- 2. Lust of the eyes desire without discernment
- 3. Pride of life identity without submission

These are not just moral struggles. They are spiritual currencies. They are what the world system uses to fund rebellion and recruit allegiance.

Satan showed his hand early. In the wilderness, he offered Jesus the kingdoms of the world, not by war, but by worship. He said, "Bow to me, and I'll give you access." That's altar language. Satan's goal has never changed. He doesn't mind you succeeding, as long as your success keeps you tethered to his system.

What is the system of the world?

It is a matrix of influence, ideas, ideologies, entertainment, education, economics, and spirituality, all subtly (or sometimes boldly) designed to dethrone Christ in culture. It is what turns conviction into mockery and makes holiness look outdated. It is what trades truth for trends and makes disobedience look like freedom.

This system is dangerous because it doesn't always fight you, it feeds you. It rewards your agreement. It cloaks its bondage in comfort. It gives you platforms, likes, influence, and status, if you bow to its rhythm.

That is why many altars today are not in forests, they're in boardrooms. Not in shrines, but on stages.

Not under trees, but inside timelines, headlines, and the places where people sell their convictions for visibility.

Every system has an altar.

And the altar of the world system is self.

Self-promotion. Self-will. Self-worship. Self-image. Self-made success. A life that looks full on the outside but is disconnected from the will of God.

Jesus didn't come to partner with the system. He came to confront it. And now He calls you to do the same.

You cannot be part of a Kingdom you are afraid to represent.

You cannot carry the power of God and bow to the patterns of Babylon.

Romans 12:2 tells us:

"Do not be conformed to this world, but be transformed by the renewing of your mind..."

Transformation begins when agreement breaks.

When you stop blending and start building.

When you stop hiding your light and start challenging the darkness.

How do you tear down the altar of the world?

- Discernment: Recognize the systems you're submitting to
- Consecration: Live a life that is separated, not isolated, but holy
- Obedience: Do what God says even when it costs you influence
- Truth: Speak it boldly, love it deeply, stand on it firmly

You must ask yourself:

- What do I celebrate?
- What do I consume?
- What do I obey?

Because these will tell you what altar you've bowed to.

It's time to come out of the world system.

To unplug from its matrix.

To reject its definitions of success.

To confront its narrative with Kingdom reality.

You don't need more visibility, you need more clarity.

You don't need more applause, you need more alignment.

You don't need to keep up with the world, you need to kneel before the Lord.

Because until the altar of the world is torn down, you will keep building on sinking sand.

But when you rise in truth...

When you walk in light...

When you live by Kingdom rhythm...

You will not just escape the system, you will dismantle it.

You will shine like a city on a hill.

You will walk in the kind of holiness that makes demons tremble.

You will live in a way that makes heaven proud.

Let the altar of the world be torn down.

Let the system collapse.

Let the remnant rise.

Chapter Four: Religious Altars and Church Wounds

Some of the deepest wounds don't come from the world. They come from within the walls of religion. And some of the most dangerous altars are not demonic in appearance, they are built in the name of God, but without His presence.

Not every altar is pagan. Some are religious. And not every religious altar is holy.

Religious altars are spiritual systems built on tradition, performance, hierarchy, fear, or self-righteousness. They appear holy. They quote Scripture. They use the name of Jesus. But they do not produce freedom. Instead, they imprison. They silence. They shame. They bind.

Jesus confronted these altars constantly.

He healed on the Sabbath, and was accused.

He ate with sinners, and was judged.

He drove out money changers, and was hated for it.

The religious spirit doesn't hate sin. It hates freedom.

Because true freedom threatens control. It threatens the structure of manmade holiness. It shakes the altar of appearance and exposes the emptiness behind performance-based faith.

Jesus said in Matthew 15:8-9 (NKJV):

"These people draw near to Me with their mouth, and honor Me with their lips, but their heart is far from Me. And in vain they worship Me, teaching as doctrines the commandments of men."

That's the altar of religion, close in sound, far in spirit.

It's possible to go to church weekly and still bow to a false altar.

It's possible to preach truth while living in chains.

It's possible to be surrounded by spiritual activity and still be void of Kingdom life.

Religious altars are often sustained by:

- Shame-based teaching
- Fear of questions or growth
- Performance over presence
- Appearance over truth
- Legalism that denies grace

These systems don't just damage faith, they damage people.

And they produce church wounds.

Church wounds are spiritual scars inflicted by leaders, systems, or communities that misrepresented God. These wounds are deep because they come from places meant to be safe. When you're hurt in church, it doesn't just affect your emotions, it distorts your perception of God.

Some of the people who have walked away from faith didn't reject Jesus.

They rejected the altar they were forced to worship at, the altar of hypocrisy, manipulation, abuse, or silence.

You must understand: God is not the same as the people who misrepresented Him.

The Father is not the same as the flawed leader.

The Spirit is not the same as the system.

God is holy. Pure. Loving. Just. And His true altar brings healing, not harm.

Hebrews 13:10 (NIV) says:

"We have an altar from which those who minister at the tabernacle have no right to eat."

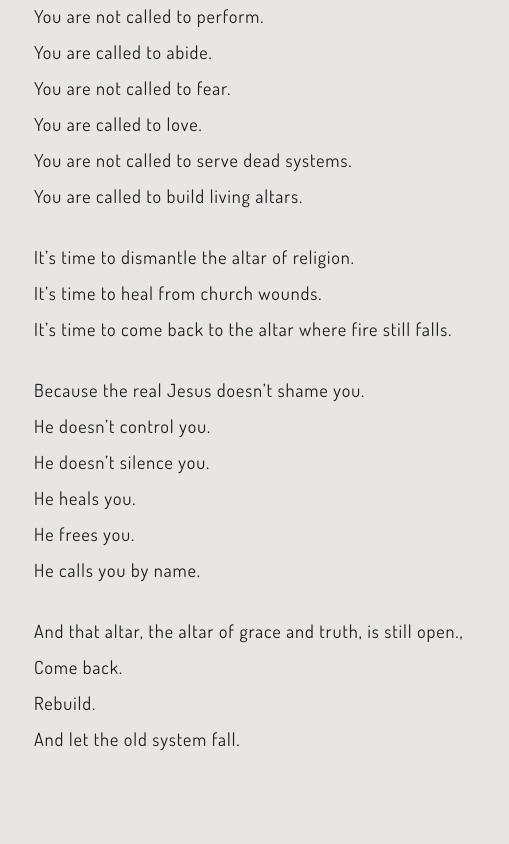
This means there is a pure altar in Christ that transcends the old system. An altar of grace. An altar of access. An altar of intimacy, not intimidation.

To tear down religious altars, you must:

- Return to intimacy with God. Let His voice reintroduce you to who He really is.
- Forgive the system that hurt you. Not to excuse it, but to free yourself from its grip.

Renounce every lie about God you believed because of man's failure.

• Commit to truth over tradition. Don't hold on to what's familiar. Hold on to what's holy.



Chapter Five: How to Tear Down Altars

You can't tolerate what God wants you to tear down. You can't negotiate with

what was built to bind you. At some point, the war must become personal. The

sword must leave its sheath. The fire must hit the altar.

Altars don't fall by accident. They fall by confrontation.

In the realm of the Spirit, nothing surrenders passively. Darkness only bows

when light commands it. And altars, whether inherited, cultural, or religious,

must be deliberately dismantled. You don't break an altar with silence. You

break it with revelation, with repentance, with the blood of Jesus, and with

prophetic action.

Judges 6:25-26 (NKJV) tells us:

"Take your father's young bull...and tear down the altar of Baal that your father

has, and cut down the wooden image that is beside it; and build an altar to the

Lord your God on top of this rock..."

This is the divine blueprint:

Tear down.

Then build up.

You don't just cast out demons, you break their legal ground.

You don't just cry for freedom, you make war for it.

You don't just survive cycles, you confront systems.

Here's how:

1. Receive Revelation

Altars are spiritual. You need the help of the Holy Spirit to expose what has been operating in the dark. Ask God to show you what you've agreed with, what your family inherited, what practices have invited bondage, and where the enemy has built strongholds.

Prayer: "Holy Spirit, reveal every altar in my life, bloodline, and atmosphere that is not of You. Expose it. Name it. Bring it into the light."

2. Renounce and Repent

You cannot cast out what you still agree with. Renunciation is a legal disconnection. You are verbally breaking contract with darkness. Repentance is the turning of heart and mind back to God. Together, they shut the gate.

Declaration: "I renounce every covenant, agreement, sacrifice, and altar that does not align with the cross of Jesus. I break legal grounds. I cancel every voice that speaks against my rising."

3. Invoke the Blood of Jesus

The blood is your highest legal authority. It doesn't just cleanse, it cancels. It doesn't just cover, it speaks. Hebrews 12:24 says the blood of Jesus speaks better things than the blood of Abel. Where other blood cried for vengeance, His cries for mercy, for deliverance, for freedom.

Activation: Plead the blood of Jesus over your soul, your family, your atmosphere, your past, your inheritance, and your future.

4. Replace with Truth

Altars fall when truth rises. Every demonic system is built on a lie, about God, about you, or about your destiny. Once the lie is uprooted, truth must take its place. Begin declaring Scripture out loud. Build new mental altars. Shift your identity into agreement with God's voice.

Example: "I am not cursed. I am blessed. I am not bound. I am free. I am not rejected. I am chosen. I am not limited. I have access."

5. Engage in Prophetic Action

Sometimes God will ask you to take physical steps that match your spiritual warfare. It could be anointing your home, fasting, burning items tied to idolatry, returning stolen things, walking a boundary in prayer, or even rebuilding your altar of devotion with new discipline.

Ask the Spirit: "What is my action step to complete this confrontation?"

6. Build a New Altar to the Lord

You don't just break the old. You must build the new. An altar of worship. Of surrender. Of covenant. Of consistency. It must be personal. Not emotional, but established. Daily. Holy. Unshakable. This is where fire falls.

Genesis 8:20–21 says Noah built an altar and God smelled the aroma and made a covenant. Heaven always responds to altars built in faith.

What does your altar look like now?

- Do you have a regular place of encounter?
- Is your heart fully yielded?
- Are you offering your life daily to God?

Because once the false altar falls, your life must become the true one.

You are the altar now.

You are the priest now.

You are the flamekeeper now.

Tear down the altar that held your family in cycles.

Tear down the altar of fear, of pride, of lust, of delay.

Tear it down with prayer, fasting, fire, and prophetic obedience.

And when the altar falls, the gate will close.

When the gate closes, the cycle will end.

And when the cycle ends, the breakthrough will begin.

This is not hype. It's spiritual law.

Tear down what was.

Build what must be.

And let the altars fall.

Chapter Six: Build the Right Altar

You were not just called to tear down, you were called to build.

Spiritual warfare is incomplete without reconstruction. Once false altars fall, there must be a rebuilding of true ones. If you don't build the right altar, the space once occupied by darkness becomes a vacuum. And the enemy returns, not because he's strong, but because nothing stronger replaced him.

Deliverance without devotion is dangerous. Freedom without formation is fragile.

God is not just calling you out. He's calling you into something holy. Something consecrated. Something fire-tested and glory-filled. He's calling you to build a new altar, one that hosts His presence, honors His Word, and sustains your forward motion.

Genesis 12:7 (NKJV) says:

"Then the Lord appeared to Abram and said, 'To your descendants I will give this land.' And there he built an altar to the Lord, who had appeared to him."

Altars Must Fall

Every time God revealed something, the patriarchs built something. Encounters birthed altars.

A true altar is not just a physical space. It's a life posture.

It's not just a place of sacrifice, it's a place of continual surrender.

It's where you meet with God, align with His voice, and release what He requires.

Here's what it means to build the right altar:

1. Return to First Love

Your altar must be born out of intimacy, not performance. The right altar doesn't begin with activity. It begins with affection. Do you still burn for Him?

Do you still desire His presence more than applause, answers, or advancement?

The altar of the Lord is personal, not performative.

2. Make Your Life the Offering

Romans 12:1 says to present your body as a living sacrifice. That's altar language. Your time. Your energy. Your thoughts. Your decisions. Your dreams. When you lay them down in obedience, fire falls. God doesn't bless what you pretend. He blesses what you surrender.

3. Establish Daily Communion

Altars are sustained by consistency. Not religious duty, but sacred rhythm. Do you have a place and pattern where God meets you daily? Do you wait on Him? Do you listen, write, respond, and obey? True altars don't just get built, they get maintained.

4. Anchor It in the Word

No altar is valid without truth. Don't build on emotion. Build on Scripture. Let the Word shape your faith, your thoughts, your identity, and your warfare. A prophetic life must have a scriptural spine. Without the Word, fire won't last.

5. Host the Presence, Not Just Power

Many chase the power of God but neglect His presence. But God's altar is about abiding. It's about friendship. It's about hosting the Person of God, not just His hand. If your altar only seeks fire but not the Father, you've missed the point.

6. Include Worship and Obedience

Worship isn't just singing, it's submission. It's saying yes even when it hurts. It's following divine instruction when it doesn't make sense. Every altar in Scripture involved obedience. Build with full surrender.

7. Raise the Next Generation on It

Teach your children the value of God's presence. Let your home be a house of prayer. Let your business carry the fragrance of intercession. Let your legacy be marked by worship, not just wealth. If you build the altar right, your seed will walk in fire.

Spiritual Signs You've Built the Right Altar:

- Peace that surpasses understanding
- Sensitivity to God's voice
- Victory in warfare without burnout
- Authority that flows from intimacy
- Unexplainable favor and fruitfulness

You don't need to strive to host God. You need to make room.

You don't need to earn His presence. You need to value it.

When Elijah rebuilt the altar in 1 Kings 18, fire fell. But it didn't fall on noise. It fell on sacrifice. On order. On obedience. That altar released national revival.

Your altar matters more than your platform.

Your altar determines your authority.

Your altar becomes your anchor in storms.

Tear down what was false.

But don't stop there.

Build what is true.

Build what is holy.

Build what can carry glory.

Because if you build it, He will come.

If you tend it, He will stay.

If you guard it, He will reveal more.

Let your life become the altar.

Let your home become the sanctuary.

Let your legacy be fire on the altar of the Lord.

Build it right.

And let Him fill it with Himself.

Bonus Section: 7-Day Prophetic Prayer Strategy to Break Old Altars

This is not just a prayer list. This is a spiritual strategy.

Each day in this 7-day prophetic journey is designed to confront, dismantle, and replace altars that have spoken over your life. These are not casual prayers.

They are targeted, Spirit-led activations meant to open your eyes, shift your posture, and call fire from Heaven.

Before You Begin:

- Set aside at least 30-60 minutes each day.
- Fast if you are led to.
- Use oil to anoint your head, hands, and space.
- Have your Bible, journal, and communion elements nearby.
- Begin each day by inviting the Holy Spirit to take over.

Day 1: Exposure and Revelation

Focus: Ask God to reveal hidden altars in your life and bloodline.

Scripture: Jeremiah 33:3 – "Call to Me, and I will answer you, and show you great and mighty things, which you do not know."

Prayer Point: "Father, expose every altar in my life that I am unaware of. Shine Your light on secret agreements, generational patterns, and spiritual structures that need to be dismantled."

Activation: Write down any patterns, recurring dreams, fears, or family cycles that come to mind. Don't censor it. Let the Holy Spirit lead.

Day 2: Repentance and Renunciation

Focus: Break agreement with every altar that has held you bound.

Scripture: Acts 3:19 - "Repent therefore and be converted, that your sins may be blotted out..."

Prayer Point: "Lord, I repent for every sin, personal or ancestral, that has empowered an ungodly altar. I renounce every covenant, sacrifice, or agreement made knowingly or unknowingly in my name or bloodline."

Activation: Speak out loud: "I break agreement with fear, shame, smallness, pride, poverty, idolatry, [insert what's revealed]. I declare that I am aligned with Christ alone."

Day 3: The Blood Speaks

Focus: Plead the blood of Jesus over your soul, family, atmosphere, and lineage.

Scripture: Hebrews 12:24 – "...to the blood of sprinkling that speaks better things than that of Abel."

Prayer Point: "I plead the blood of Jesus over every part of my life. Let the blood cancel every legal right of demonic altars. Let the blood speak deliverance, mercy, and freedom over my name and bloodline."

Activation: Take communion. Declare the blood as your covering, your access, your verdict.

Day 4: Dismantling Altars by Fire

Focus: Command ungodly altars to break by the fire of God.

Scripture: 1 Kings 18:38 – "Then the fire of the Lord fell and consumed the burnt sacrifice... and licked up the water that was in the trench."

Prayer Point: "Let fire fall. I call on the God who answers by fire. Let every altar of limitation, sickness, barrenness, delay, manipulation, or confusion be consumed by fire."

Activation: Lay hands on your head and declare: "Every altar speaking against my rising, fall and burn now, in Jesus' name!"

Day 5: Establishing New Altars

Focus: Build a personal altar of worship, prayer, and covenant.

Scripture: Genesis 12:8 – "And there he built an altar to the Lord and called on the name of the Lord."

Prayer Point: "Lord, I build a new altar to You. An altar of fire, obedience, intimacy, and consecration. Be enthroned in every area of my life."

Activation: Create a designated space in your home for daily encounter.

Dedicate it. Set new rhythms of prayer and the Word. Commit to consistency.

Day 6: Prophetic Declarations

Focus: Replace old decrees with new Kingdom declarations.

Scripture: Job 22:28 – "You will also declare a thing, and it will be established for you..."

Prayer Point: "I cancel every evil word spoken over my life, whether by men or spirits. I declare only what God says about me will stand."

Activation: Speak these aloud:

- "I am not cursed, I am blessed."
- "I am not bound, I am free."
- "I am not behind, I am aligned."
- "I am not forgotten, I am chosen."
- "I am not stuck, I am breaking forth."

Day 7: Sealing the Breakthrough

Focus: Seal your deliverance with thanksgiving, worship, and prophetic rest.

Scripture: Psalm 107:20–22 – "He sent His word and healed them... Let them sacrifice the sacrifices of thanksgiving."

Prayer Point: "Thank You, Lord, for complete freedom. I declare that every old altar has fallen and every new altar is sealed in Your presence."

Activation: End with deep worship. Sing. Soak. Write a letter of thanksgiving. Burn or tear up old journal pages tied to cycles, wounds, or lies. Step fully into the new.

This journey isn't just a routine, it's a reset.

Let the fire fall.

Let the truth rise.

Let the old altars collapse.

Let the new altar burn.

You are no longer in bondage.

You are no longer under systems that speak death.

You are marked. You are free. You are breaking forth.

In Jesus' name. Amen.

About the Author

Anthony Abbin is a Spirit-led Christian author and teacher with a passion to help people break free from cycles, discover purpose, and walk in truth. His writing carries a prophetic edge, clear, bold, and grounded in Scripture.

He leads **Kairos Hour**, a global prayer movement, and **Shanvere Enterprise**, which equips believers with biblical and financial wisdom. His books are not written for popularity, but to awaken, deliver, and establish.

He lives in Lagos, Nigeria, with his wife Grace and their three children. Together, they are raising a generation of reformers who will live for truth and build for eternity.

Connect with Anthony:

www.anthonyabbin.com

@anthonyabbin on Instagram, TikTok, and YouTube.

Call to Action

If you've made it to this point, then something has already shifted.

You've seen the altars.

You've heard their voice.

You've felt their pressure.

But more than that, you've broken something.

You've taken authority. You've made war. You've stepped out of silence.

But this journey was never meant to end with the last page.

Freedom is a beginning, not a destination. And now, you are called to live what you've received. To walk it. To protect it. To multiply it. Because breakthrough that isn't guarded can be stolen. And alters that are not replaced will return.

Here's what to do next:

1. Guard your new altar.

Build daily rhythm around God's voice. Stay in the Word. Keep the fire burning.

2. Share your testimony.

If this book unlocked something in you, don't keep it quiet. Testify. Post about it. Message a friend. Let your freedom become someone else's permission to rise.

3. Pass it forward.

Get a copy for someone you know is stuck in cycles. Gift it. Send it. Plant the seed.

4. Stay connected.

Join the global Kairos Hour movement. Tune into the teachings. Follow the fire. www.anthonyabbin.com | @anthonyabbin

5. Keep going.

The next book in the *Breaking Forth* series will take you even deeper. You've been set free, now it's time to be fruitful.

The altar has fallen.

The gate is open.

Now go build.

Go rise.

Go set others free.

You were never meant to blend in.

You were born to break forth.

In "Altars Must Fall," Anthony Abbin reveals the hidden spiritual battles that bind families and individuals, urging readers to confront the altars of past generations that hinder their destinies. Through strategic dismantling and revelation, he provides a powerful roadmap to break free from cycles of defeat and reclaim one's purpose. This transformative guide empowers warriors to rise, tear down false altars, and build anew in alignment with divine truth.